



March 2024 High School Lunch Menu



Monday

Tuesday

Wednesday

Thursday

Friday

St. Patrick's Day Facts

As long as you celebrate safely, St. Patrick's Day can be fun for all. Here are a few facts about the Irish holiday:

- St. Patrick's Day celebrates the traditional religious feast day of St. Patrick, the patron saint of Ireland.
- The first St. Patrick's Day parade took place not in Ireland, but the United States on March 17, 1737, in Boston.
- More than 100 St. Patrick's Day parades are held across the United States. New York City and Boston host the largest.
- There are roughly 35 million U.S. residents with Irish ancestry, more than seven times the population of Ireland itself.
- There are approximately 144,588 current U.S. residents who were born in Ireland**.
- You may hear some phrases in Gaelic/Irish on St. Patrick's Day. The most common: Éir go braigh = Ireland forever; slainte = good health/cheers.



Fried Catfish
Macaroni and Cheese
Seasoned Green Beans
Glazed Carrots
Chilled Peaches
Dried Cranberries

Chicken & Sausage Gumbo
Roasted Broccoli
Potato Salad
Mixed Berries
Raisins
Southern Butter Roll



Crispy or Soft Beef Taco
Shredded Cheese
Golden Corn
Salsa
Chilled Strawberries
Dried Cranberries
Homemade Cinnamon Roll



Chicken & Sausage Jambalaya
Glazed Sweet Potatoes
Seasoned Green Beans
Banana
Raisins
Southern Butter Roll



Roasted Chicken
Baked Beans
Mashed Potatoes w/Gravy
Chilled Pears
Dried Cranberries
Southern Butter Roll
Cookie Bar



Macaroni and Cheese
Glazed Carrots
Roasted Cauliflower
Southern Butter Roll
Chilled Peaches
Fruit Slushie



Spaghetti & Meat Sauce
Roasted Cauliflower
Mixed Berries
Raisins
Southern Butter Roll

Mexican Beef Pizza
Golden Corn
Salsa
Chilled Strawberries
Dried Cranberries
Homemade Cinnamon Roll

Breaded Pork Chops
Macaroni and Cheese
Steamed Broccoli
Baked Beans
Chilled Pears
Raisins
Southern Butter Roll

St. Patrick's Day Feast
Shepherd's Pie
Seasoned Green Beans
Southern Butter Roll
Green Grapes
Dried Cranberries
Good Luck Irish Brownies

Cheese Nachos
Golden Corn
Salsa
Chilled Peaches
Fruit Slushie

BBO Chicken Breast
Mashed Potatoes w/Gravy
Baked Beans
Mixed Berries
Raisins
Southern Butter Roll

Feast of St. Joseph
Fried Catfish
Pasta w/Red Sauce
Roasted Cauliflower
Southern Butter Roll
Apple
Dried Cranberries
Fresh-Baked Cookie



Chicken Fajitas
Shredded Cheese
Golden Corn
Salsa
Chilled Strawberries
Raisins



Nutrition Day
Avocado

Easter Feast
Glazed Ham
Dirty Rice Dressing
Carrot Souffle
Seasoned Green Beans
Chilled Pineapples
Dried Cranberries
Southern Butter Roll
Frosted Cake

Seafood Gumbo
Potato Salad
Glazed Carrots
Southern Butter Roll
Fruit Slushie
Chilled Peaches

Chicken Smackers
Red or White Beans
Steamed Rice
Creamed Spinach
Mixed Berries
Raisins
Southern Butter Roll

Crispy or Soft Beef Taco
Shredded Cheese
Golden Corn
Salsa
Chilled Strawberries
Dried Cranberries
Homemade Cinnamon Roll

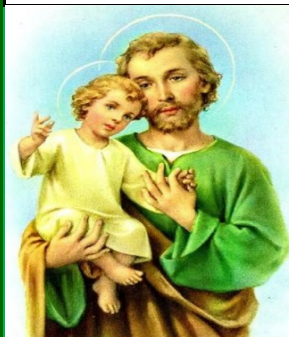
Salisbury Steak
Mashed Potatoes w/Gravy
Cheese Broccoli
Orange
Raisins
Southern Butter Roll

Sweet Heat Meatballs
Macaroni & Cheese
Glazed Sweet Potatoes
Roasted Cauliflower
Chilled Peaches
Dried Cranberries
Southern Butter Roll
Cookie Bar



Good Friday

No School



March 19, Solemnity of Saint Joseph, Spouse of the Blessed Virgin Mary

Let us be inspired by the life of Saint Joseph: His humility, His willingness to listen to the voice of God. His unconditional love and protection for his wife and his child.

PALM SUNDAY

Jesus' triumphal entry of into Jerusalem

HOLY MONDAY

Mary anoints Jesus with perfume. Judas is scandalized and leaves.

HOLY TUESDAY

Jesus predicts Judas' betrayal and Peter's triple denial.

WHY HOLY WEEK?
We commemorate God's Immense Love for us through His Passion, Death and Resurrection.

HOLY WEDNESDAY

Judas betrays Jesus and hands him over to the chief priests.

HOLY THURSDAY

Jesus gives the New Commandment of love and institutes the Sacraments of the Holy Eucharist and of Orders during the Last Supper.

GOOD FRIDAY

the Passion and Death of Our Lord Jesus Christ

DAY OF FASTING
-1 whole meal and 2 very light meals

BLACK SATURDAY

Contemplation of Jesus in the tomb in silence and adoration
-Catholics striving for Holiness

EASTER SUNDAY

Jesus triumphs over death, sin and evil with His Resurrection, proving He is God.



Low fat white milk or fat free flavored milk are offered with all meals.

This institution is an equal opportunity provider.

Menus are subject to change.